



## Instructions for Making a Luxurious Foaming Sugar Scrub

### Materials:

- 20 oz. Sugar
- 8 oz. Foaming Bath Whip
- 5 oz. Crystal Clear Melt & Pour Soap Base, cut into ½ inch pieces
- .5 oz. Liquid Glycerin
- .5 oz skin safe Fragrance Oil such as Rosemary Mint
- 2 Teaspoons Mica Colorant
- 6 - 6 oz Clear PET Jars with White Lids

### Equipment:

- Microwave
- Stand Mixer
- Microwave Safe Measuring Cup
- Cutting Board
- Digital Scale for measuring ingredients
- Spatula for Stirring
- Knife or Pastry Cutter for cutting soap
- Spoon for filling jars

**Procedure:** Make sure all of your utensils and jars have been washed and dried thoroughly

1. Add 8 oz of cut-up soap to your measuring cup and heat in microwave in 30 second intervals until fully melted. Do not overheat the soap.
2. Add .5 oz of liquid glycerin to the melted soap and pour into the bowl of your stand mixer
3. Mix with stand mixer on low for about 10 seconds.
4. Stop the mixer and add 8 oz. of the Foaming Bath Whip and mix on low.
5. Turn speed up to high for one to two minutes until the mixture becomes creamy and looks like marshmallow fluff.
6. Turn speed to medium low and slowly add the white sugar, one cup at a time until fully incorporated, stopping occasionally to scrape down sides of bowl.
7. Turn off mixer, and add 2 teaspoons of mica colorant and fragrance oil and gently mix with a spatula so that mica doesn't fly up when you turn the mixer back on. Turn mixer back to medium low and mix until fully blended.
8. Fill each jar with the sugar scrub and add lids.
9. Label accordingly.

**Use and enjoy!** Your scrub will harden up as it cools and will be ready to use within 24 hours.

Order any refills you need at [www.cierracandles.com](http://www.cierracandles.com). All ingredients underlined above can be purchased from us.

Please be sure to contact us if you have any questions: [sales@cierracandles.com](mailto:sales@cierracandles.com) or by phone at: 866-907-2668

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