



How To Make Bath Bombs

(reprinted with permission from Dean Wilson)

Materials:

Dry Mix

- 21.16 oz. of Baking Soda
- 10.58 oz. of Citric Acid
- 3.52 oz. of Epsom salts
- .70 oz of Kaolin Clay
- 1.05 oz. SLSA
- 1 tsp of Mica Powder or a few drops of Liquid Glycerin Dye

Wet Mix

- 0.17 oz. Polysorbate-80
- 0.35 oz. Sweet Almond Oil
- .52 oz of Skin Safe Fragrance, if you are using Essential Oil, use a teaspoon or less
- 0.52 oz. Rubbing Alcohol

Equipment:

Digital Scale

Bath Bomb Molds

Whisk

Gloves

Sifter

How To Make Bath Bombs:

1. In a large bowl, add your baking soda, citric acid, and Epsom salt to a bowl and whisk together well, making sure there are no clumps. You can use a sifter if needed to break up any clumps. You can also use a coffee grinder to grind down your Epsom salt if you want them fine. Add the Kaolin Clay and SLSA. Mix well, making sure there are no clumps. Add your mica powder or liquid glycerin dye and mix well. We recommend wearing rubber gloves and rubbing the entire mixture between your hands several times to make sure everything is mixed well and there are no clumps.
2. In another small mixing bowl, mix together all of your wet ingredients (Polysorbate-80, Sweet Almond Oil, Fragrance, Rubbing Alcohol).
3. Start adding the wet ingredients to the dry ingredients. Small amounts at a time, whisking after each addition. Mix everything very well using your hands. Rub mixture between your palms.
4. Fill each side of your mold and mound, put both sides of the mold together and press firmly and twist. Remove from molds and put on drying rack (We use old egg cartons, or you can use a muffin tin).
5. Continue until all bath bombs are made.
6. Put bath bombs in one layer in a covered contained and let bath bombs harden and dry for 48 hours. Test at 24 hours. If they feel soft, let harden and dry for another 24 hours before unmolding. Package in organza bags.

Order any refills you need at www.cierracandles.com. All ingredients underlined above can be purchased from us.

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