



Instructions for Making a Basic Lotion

Materials:

Water Phase

- 15 oz Distilled Water
- 0.60 oz Liquid Glycerin
- 0.20 oz Germall Plus

Oil Phase

- 0.5 oz Jojoba Oil
- 0.5 oz Sweet Almond Oil
- 1.0 oz Sunflower Oil
- 0.8 oz Emulsifying Wax
- 0.8 oz Stearic Acid
- 0.4 oz Fragrance Oil

Equipment:

- Double boiler with melting pour pot, or microwave and microwave-safe container (Pyrex or #5 Plastic)
- Digital Scale for measuring ingredients
- Spoon/Spatula for Stirring
- Stick Blender
- Three 8 oz Bottles with Flip Top Caps, or Six 4 oz Bottles with Flip Top Caps

Procedure: Make sure all of your utensils and bottles have been sterilized.

Water Phase: Heat water to between 140 and 158 degrees. Add Germall Plus to water and stick blend lightly to incorporate. Add liquid glycerin. Stir gently.

Oil Phase: Combine oils, emulsifying wax, and stearic acid in melting pour pot or in microwave and heat until completely melted.

Once the water and oils are cooled to around 130 degrees, add the oils to the water and blend with your stick blender until completely incorporated. Let cool a little bit and blend again. Add 0.4 oz fragrance oil and blend a bit more to incorporate the fragrance.

Pour into bottles while still liquid. Once cool, add caps and seal.

Use and enjoy! Your lotion will thicken up as it cools and will be ready to use within 24 hours.

Order any refills you need at www.cierracandles.com. All ingredients underlined above can be purchased from us.

Please be sure to contact us if you have any questions: sales@cierracandles.com or by phone at: 866-907-2668

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